



Mountair Park Community Farm  
Presentation 2023

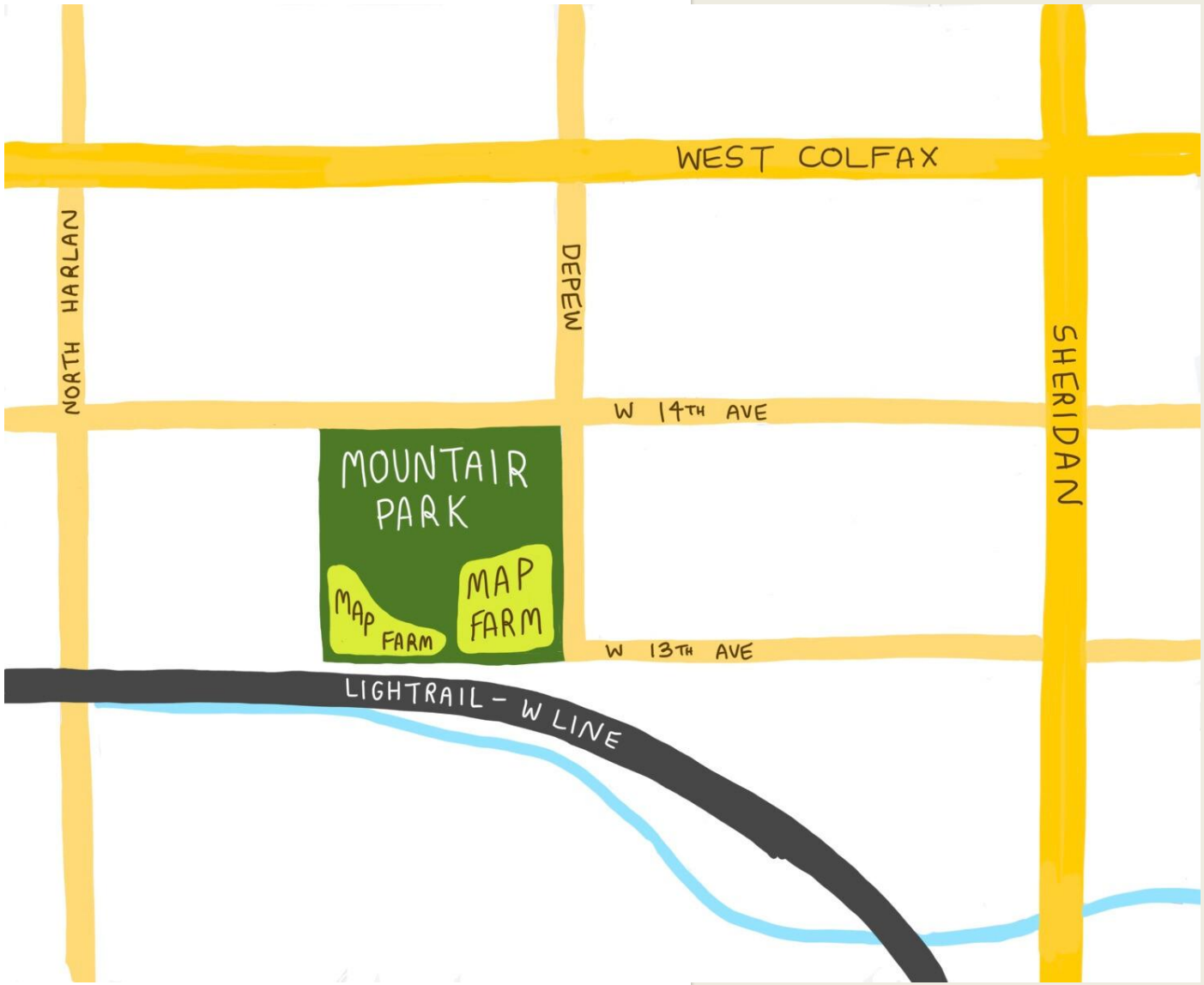
# Sprout City Farms



**Mission:** Building educational farms to engage communities, strengthen neighborhood resiliency, and root farmers in the city.



**Vision:** Sprout City Farms envisions a thriving local food system within the Denver metro area supported by a network of accessible city farms which nourish, and are nourished by, their surrounding community.



# Guiding Principles



## **FOOD ACCESS & EDUCATION:**

Create opportunities for residents of our farm communities to have equal access to fresh produce and the knowledge of how to produce it themselves.

## **COMMUNITY ENGAGEMENT:**

Cultivate engaging community spaces where residents of all ages come together to build relationships around food.

Strengthen relationships with partner organizations to support the local community.

# Mountair Park Community Farm: Spring 2014



## Through the Seasons



# Filling a Need: What We're Doing



- Growing food & community, ensuring half of the harvest goes to food access
- Providing education for all & leadership for urban agriculture and local food systems.

# How it All Gets Done: Community Support



- Farm Staff
- Interns & Apprentices
- Volunteer Days  
Fridays 10-12
- Work Groups
- Collaboration

# Food Production



10-12,000 lbs (5-6 tons) of organically-grown vegetables produced per 1-acre farm each year

- Distributed within the neighborhood



SPROUT CITY FARMS  
**ADDITIONAL  
SHARES**

AVAILABLE FOR PURCHASE



Local Products, Weekly and Bi-Weekly Choices  
[www.sproutcityfarms.org/csa](http://www.sproutcityfarms.org/csa)



# Food Access



- CSA (Market shares, 50% No-Cost SNAP, WIC, Solidarity shares)
- Farm Stand (Wednesdays 4-6 starting in August)
- Veggie Bike Mobile Farm Stand (Thursdays starting in August)
- Food Pantry Donations



# Education



- Farmer Training (Interns & Apprentices)
- School Field Trips (ECE-college)
- Volunteer Learning, Workshops, Field Trips, Tours



# Policy & Advocacy



- Jefferson County Food Policy Council
- Denver Community Food Access Coalition
- Southwest Food Coalition
- Food in Communities



MOUNTAIN PARK COMMUNITY FARM

# SUMMER FARM FEST

JUNE 10<sup>TH</sup> 12-2 PM

Free Local Food  
Community Support  
Music  
Free Drinks

Community Art Project  
Prizes + Raffles  
Local Resources  
Games + Activities

RSVP HERE + GET ENTERED INTO A RAFFLE



# Questions?

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